



EAST GRINSTEAD SWIMMING CLUB
SPRING SPRINT MEET
OPEN MEET – LEVEL 3 LICENSE 3SE180064
(Under ASA Laws and ASA Technical Rules)
The K2, Peas Pottage Hill, Crawley, RH11 9BQ
SUNDAY 22ND APRIL

ENTRY CONDITIONS

Meet Level

1. This Meet has been licensed at level 3, license number 3SE180064 and shall be run under ASA laws, ASA Technical Rules of Swimming and these promoter's conditions.

Purpose of the Meet

2. This Meet is aimed at all levels of swimmers from those seeking to improve their times to those seeking county and regional qualifying times

Age groups

3. The Meet will be run as "age on the day" for swimmers 9 years and over on 22nd April 2018
4. Age Groups for this meet are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, open

Pool

5. The competition shall be held in a 25 meter (short course) pool. The pool has eight lanes and has anti-turbulence lane ropes. Full electronic timing will be used for the Meet. Backstroke ledges will not be used for this competition.

Events and entries

6. Events will consist of 50m all four strokes, 100m all four strokes and 100m Individual Medley for all age group categories as defined in 4 above.
7. Prospective competitors must be registered as Category 2 with Swim England to enable them to compete in this Meet
8. Entries will be by Hytek meet manager software. Individual manual entries will be considered and will attract an administration fee. Entries should be emailed to entries@egsc.co.uk. Entries will not be accepted until full payment is received.
9. Closing Date for entries is 5th March 2018
10. Late entries: will be considered. The Promoters reserve the right to accept entries at their discretion
11. Entries will be restricted to a first come first served basis in order to keep the Meet times within the Swim England rules for competitive meets
12. To ensure that this competition is fair any swimmer/club found to be submitting incorrect or false times may be removed from the Meet. In this case refund of entry fees will not be given
13. Clubs will be provided with a summary of accepted entries as soon as possible after the closing date by email

Fees and payment



14. All entries £5.00 per event. Administration fee for manual entries £1 per athlete. Payment must be made by BACS transfer to East Grinstead Swimming Club, Account no: 24811668, Sort Code: 30 92 92.
15. Where it is necessary to restrict entries, a refund will be given and will be repaid by BACS.

Qualifying times

16. There will be no minimum qualifying times for this event. Maximum qualifying times are as set out in Appendix I

The Competition

17. Coaches passes must be applied for with the entry forms (£5 each). Coach pack includes admission poolside, programs, warm up schedule, sign out sheets and coaches passes. Packs should be collected, on the day, from the admission entry point. Only those with a coach's pass will be allowed poolside
18. Clubs will be allowed a maximum of one coaches pack per 10 swimmers.
19. Only swimmers, officials and those displaying an appropriate pass will be allowed poolside
20. The meet will be run by "Sign Out" procedure. Sign out sheets from the Coach's should be Returned to the Meet Organiser by the stated time
21. Warm Up: The pool will be available for warm up prior to each session. Times set out in the warm up schedule. Warm up will be controlled by the warm up marshal. Coaches/Team Managers of each club are responsible for ensuring that their swimmers follow the guidelines laid down, act responsibly and warm up in the time allotted for their age group and gender
22. There will be 3 sessions with approximate times as follows. Exact times will be confirmed after entries close:

Session 1	08.00 Warm Up	08.45 Start	11.00 Finish
Session 2	11.10 Warm Up	12.00 Start	14.30 Finish
Session 3	14.40 Warm Up	15.30 Start	17.30 Finish
23. All swimmers must report to the heat marshalling (whipping) area when instructed to do so. Any competitor failing to report on time may be excluded from that event.
24. Over the top starts may operate at the discretion of the principal referee and meet management
25. Each event will incorporate all age groups as promoted (using submitted times to seed)

Results

26. Results will be on a heat declared basis. Provided they have completed their race without disqualification, medals will be awarded to the first three places (first to third) in each age group and certificates will be awarded to the next three places (fourth to sixth) in each age group. There will be no presentations
27. Results will be posted alongside the marshalling area. Medals and certificates will be available for collection from the medals table. Results will be posted on Meet Mobile
28. The "Top Club Trophy" will be awarded to the club gaining the most number of points on the following basis: 1st – 8 points, 2nd – 7 points, 3rd – 6 points, 4th – 5 points, 5th – 4 points, 6th – 3 points, 7th – 2 points, 8th – 1 point

Data protection



29. Meet entries and results will be held and managed on a computer. Your consent to the holding of personal information is deemed to be given by the submission of your entry to East Grinstead Swimming Club, as shall your consent for such details to be published both during and after the Meet.

Photography

30. Anyone wishing to take still or digital photography (including the use of mobile phones), may only do so inline with the rules of the venue.

General

31. Spectator entry will be £3 for one session or £5 for two and £7 for all day, including a programme.
32. Competitors are advised not to leave their belongings unattended. East Grinstead Swimming Club and Freedom Leisure cannot accept responsibility for any property that is either lost or stolen
33. The promoter reserves the right to remove any spectators or swimmers from the pool whose behaviour is either against the swimming centre rules or the efficient running of the Meet
34. The promoter reserves the right to amend the program to ensure the timely running of the meet
35. Any matters not covered by these conditions will be dealt with in accordance with the laws of the Sport and at the discretion of the promoter. By submitting an entry participants have deemed to agree to such decisions
36. Swimmers may take only one small bag poolside. All kit bags to be placed in lockers.

Any queries about the Meet, please contact Promoter, Megan Lester (in advance) or Andrea Penton (on the day) or Principal Referee, Andy Rigg

Meet Administrators: Andy Rigg, Andrea Penton, Nicola Taylor, Katherine Ross, Anna Hall, Caroline Thomas, Denise Lake

The Promoter and Meet Administrators can be contacted on openmeet@egsc.co.uk

Opening date for club entries: Thursday 1st February 2018 (12 noon)

Closing date for club entries: Monday 5th March 2018 (midnight)



EAST GRINSTEAD SWIMMING CLUB
SPRING SPRINT MEET
OPEN MEET – LEVEL 3 LICENSE 3SE180064
 (Under ASA Laws and ASA Technical Rules)
 The K2, Peas Pottage Hill, Crawley, RH11 9BQ

PROGRAMME OF EVENTS – SUNDAY 22ND APRIL

SESSION 1

Warm up TBA	Start TBA	
Event 1	100 free	Girls
Event 2	100 breast	Boys
Event 3	50 fly	Girls
Event 4	50 fly	Boys
Event 5	100 breast	Girls
Event 6	100 free	Boys

SESSION 2

Warm up TBA	Start TBA	
Event 7	100 back	Girls
Event 8	50 back	Boys
Event 9	50 breast	Girls
Event 10	50 breast	Boys
Event 11	100 fly	Girls
Event 12	100 back	Boys

SESSION 3

Warm up TBA	Start TBA	
Event 13	50 back	Girls
Event 14	100 fly	Boys
Event 15	100 IM	Girls
Event 16	100 IM	Boys
Event 17	50 free	Girls
Event 18	50 free	Boys



EAST GRINSTEAD SWIMMING CLUB
SPRING SPRINT MEET
OPEN MEET – LEVEL 3 LICENSE 3SE180064
 (Under ASA Laws and ASA Technical Rules)
 The K2, Peas Pottage Hill, Crawley, RH11 9BQ
 SUNDAY 22ND APRIL

UPPER LIMIT QUALIFYING TIMES

Boys								
Age	9	10	11	12	13	14	15	Open
Event:								
50 Freestyle	34.0	32.0	30.5	30.5	28.9	27.2	26.2	23.9
50 Backstroke	40.0	38.0	35.4	35.4	33.7	31.9	30.5	27.9
50 Breaststroke	44.0	42.0	41.0	41.0	38.3	36.1	33.5	30.2
50 Butterfly	38.0	36.0	34.3	34.3	32.2	30.5	28.3	26.0
100 Freestyle	1.15.00	1.10.00	1.07.20	1.07.20	1.03.40	59.5	57.2	52.2
100 Backstroke	1.25.00	1.20.00	1.16.50	1.16.50	1.12.40	1.08.50	1.05.50	59.3
100 Breaststroke	1.36.00	1.32.00	1.30.20	1.30.20	1.23.90	1.18.80	1.13.60	1.07.10
100 Butterfly	1.26.00	1.22.00	1.20.30	1.20.30	1.14.20	1.08.80	1.03.70	57.3
100 IM	1.16.00	1.13.00	1.10.00	1.07.00	1.04.00	1.01.00	56.0	54.0
Girls								
Age	9	10	11	12	13	14	15	Open
Event:								
50 Freestyle	34.0	32.0	30.7	30.7	29.6	28.9	28.3	27.2
50 Backstroke	40.0	38.0	35.6	35.6	34.0	33.1	32.7	30.6
50 Breaststroke	44.0	42.0	40.6	40.6	38.2	37.3	36.6	34.8
50 Butterfly	38.0	36.0	34.0	34.0	32.4	31.9	30.8	29.3
100 Freestyle	1.15.00	1.10.00	1.08.20	1.08.20	1.04.20	1.03.30	1.01.40	58.5
100 Backstroke	1.25.00	1.20.00	1.16.50	1.16.50	1.13.40	1.11.10	1.08.40	1.05.70
100 Breaststroke	1.36.00	1.32.00	1.29.70	1.29.70	1.23.30	1.22.30	1.19.00	1.15.60
100 Butterfly	1.26.00	1.22.00	1.18.70	1.18.70	1.12.60	1.12.40	1.09.00	1.05.50
100 IM	1.20.00	1.17.00	1.14.00	1.11.00	1.08.00	1.05.00	1.00.00	58.0



EAST GRINSTEAD SWIMMING CLUB
SPRING SPRINT MEET
OPEN MEET – LEVEL 3 LICENSE 3SE180064
(Under ASA Laws and ASA Technical Rules)
The K2, Peas Pottage Hill, Crawley, RH11 9BQ
SUNDAY 22ND APRIL

Clubs Entry Form

Club	
Contact Name	
Address	
Postcode	
Telephone	
Email address	

Total entries @£5 per event		£
Number of coaches passes @ £5 each		£
TOTAL AMOUNT		£

As this is a Level 3 meet, we can also accept offers from qualified timekeepers working towards the J1 qualification. We will offer mentoring where possible for trainees of any level but this can only be offered when we have met the ASA requirement for qualified officials.

Name & ASA number	Sessions available	Level (J1, J2 etc.)	Contact Email

We may be able to offer mentoring on the day so trainee officials please do get in touch with our officials coordinators, Andy Rigg and Nicola Taylor at officials@egsc.co.uk.

ENTRIES OPEN 1st FEBRUARY 2018 – 12.00 NOON. THIS IS A FIRST COME FIRST SERVE GALA
Entries to be returned to entries@egsc.co.uk. Entries close 5th March (midnight).

Payment to be made in full on submission of entry by bank transfer into the following account:

Account name: East Grinstead Swimming Club
Account no: 24811668
Sort Code: 30 92 92



EAST GRINSTEAD SWIMMING CLUB
SPRING SPRINT MEET
OPEN MEET – LEVEL 3 LICENSE 3SE180064
 (Under ASA Laws and ASA Technical Rules)
 The K2, Peas Pottage Hill, Crawley, RH11 9BQ
 SUNDAY 22ND APRIL

Individual Entry Form

Please complete this form FULLY and CORRECTLY, to ensure that your entries can be accepted.

FIRST NAME: _____ SURNAME: _____

CLUB: _____ MALE / FEMALE (Delete as appropriate)

CLUB CODE: _____

Find your club code: <http://www.swimming.org/swimengland/swim-england-club-codes/>

FULL ADDRESS: _____

TEL NO: _____ EMAIL: _____

DATE OF BIRTH: _____

ASA REGISTRATION NO:																			
----------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

DISTANCE	EVENT	ENTRY TIME*
50m	Freestyle	
50m	Breaststroke	
50m	Backstroke	
50m	Butterfly	
100m	Freestyle	
100m	Breaststroke	
100m	Backstroke	
100m	Butterfly	
100m	IM	

Total entries @ £5 per event =		£
Administration fee		£ 1.00
TOTAL AMOUNT		£



**ENTRIES OPEN 1st FEBRUARY 2018 – 12.00 NOON.
THIS IS A FIRST COME FIRST SERVE GALA**

Entries to be returned to entries@egsc.co.uk. Entries close 5th March (midnight).

Payment to be made in full on submission of entry by bank transfer into the following account:

Account name: East Grinstead Swimming Club
Account no: 24811668
Sort Code: 30 92 92

* All entry times should be short course or long course converted to short course using Equivalent Time converter which can be downloaded here:

<https://www.swimmingresults.org/downloads/equivalent-time/>